

For guests with any food/drink allergies please advise us at point of ordering

## RESIDENTS BREAKFAST MENU

Served Monday to Friday 7.30 to 10.00.

Weekends and Bank Holidays 9.00 to 10.00

ENGLISH TEA

SELECTION OF FRUIT TEAS

FRESHLY BREWED COFFEE

SELECTION OF FRUIT JUICES

CEREALS

PORRIDGE served with fresh cream

or

FULL ENGLISH

Eggs, sausage, bacon, hash browns,  
black pudding, tomato and mushrooms

or

EGGS BENEDICT, ROYALE OR FUNGI

or

POACHED HADDOCK and POACHED EGGS

or

SMOKED SALMON & SCRAMBLED EGGS

or

AVOCADO and POACHED EGGS

or

OMELETTE: Plain, bacon, cheese, or mushroom

or

SCRAMBLED or POACHED EGGS ON TOAST

or

FRUIT PLATE

TOAST BASKET with butter & preserve

### FOOD ALLERGIES & INTOLERANCES

All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients.

Please ask a member of staff if you require assistance.

## COLCHESTER INNS

Recruiting Sergeant, Norwich Road, Horstead, Norwich NR12 7EE

Tel: 01603 737077 [www.recruitingsergeant.co.uk](http://www.recruitingsergeant.co.uk)

