

Recruiting Sergeant Sunday Lunch Menu

For guests with any food/drink allergies please advise us at point of ordering

Starters

- Classic French Onion Soup with Gruyere Cheese Croute 7.50
- Atlantic Prawn Cocktail with Baby Gem Lettuce & Buttered Brown Bread 11.95
- Seared Scottish King Scallops with Samphire, Brown Shrimps & Crispy Pancetta 16.50
- Crispy Salt & Pepper King Prawns & Cornish Squid with Chilli & Spring Onion Salad & Asian Dipping Sauce 11.95
- Hoi Sin Duck Bao Buns with Cucumber & Spring Onion Salad 10.95
- Sticky Chinese Five Spice Pork Belly with Spring Onion, Red Chilli and Sesame Salad 11.95
- Garlic & Honey Baked Camembert with Tomato & Chilli Chutney - Warm Crusty Bread 11.95
- Creamy Burrata with Heritage Tomato Caprese Salad & Fresh Basil 12.95
- Freshly Caught Cromer Crab with Granary Bread & Lemon Aioli 13.95
- Beetroot & Walnut Salad with Sauteed Sweet Potatoes & Crispy Goats Cheese 10.95
- Korean Barbequed Pork Ribs with Crispy Gochujang Chicken Wings 13.95
- Half Dozen Maldon Oysters with Classic Shallot Vinaigrette £16.50

Roasts

Roast Sirloin of English Beef with Yorkshire Pudding (Served Pink) 20.95

Roast Breast of Norfolk Chicken with Sausage & Stuffing 17.95

all roasts served with Yorkshire pudding, roast and mash potatoes and vegetables

Crackling Loin of Swannington Pork with Stuffing & Apple Sauce 18.95

Slow Braised Shank of English Lamb with Mint Sauce 18.95

Sergeant Mixed Roast with all the trimmings 25.95

Mains

- Steamed Steak & Kidney Suet Pudding 18.95
- Jamaican Style Mutton Curry with Toasted Coconut Rice & Muscavado & Rum Pineapple 19.95
- Classic Angus Steak Burger with Maple Bacon, Emmental Cheese, BBQ Sauce in a Toasted Brioche Bun with Fries 18.95
- Battered Fillet of Local Haddock with Homecut Chips, Minted Mushy Peas & Tartare Sauce 18.95
- Seared Sashimi Grade Tuna Loin with a Heritage Tomato & Ortiz Anchovy Salad & Crispy Calamari 26.95
- Pan Fried Fillet of Salmon with Crushed Potatoes, Truffle Mayonnaise, Green Salad and Cherry Tomatoes - Balsamic & Honey Vinaigrette 22.95
- Chargrilled Fillet of Swannington Beef Surf and Turf with Garlic King Prawns, Watercress Salad & Sea Salt Fries 38.95
- Grilled Marinated Lamb Chops with Skewered Kofta, Mixed Mezze & Charred Flatbread 26.95
- Half Local Lobster & Samphire Salad with Buttered New Potatoes 27.95
- Pan Fried Fillet of Halibut with Dauphinoise Potatoes, Tenderstem Broccoli & Parmesan & Garlic King Prawns 28.95
- Pan Fried 20-24oz Dover Sole Meunière with New Potatoes & Fine Beans 44.95
- Lamyai's Thai Yellow Monkfish & King Prawn Curry with Jasmine Rice 26.95
- Chargrilled Swannington 10oz Sirloin Steak with Chestnut Mushrooms, Homecut Chips & Crispy Onion Rings 30.95
- Mixed Fish & Smoked Fish Pie Topped with Hot Roasted Salmon & Mature Cheddar Cheese Mash 22.95
- Grilled Wing of Local Skate with Lemon & Caper Butter or Battered with Chips & Garden Peas 25.95
- Baked Cromer Crab Thermidor with Tempura King Prawns, Samphire & Sea Salt Fries 23.95
- Barbecued Baby Back Ribs with Fries & Coleslaw 23.95
- Chargrilled Cajun Marinated Flat Iron Steak with Caesar Salad & Buttered Jacket Potato 23.95

Vegetarian

- Sergeants Cranberry, Chestnut & Walnut Nut Roast with Thyme Roast Potatoes & Seasonal Greens (vegan option) 17.95
- Sweet Potato, Coconut & Chick Pea Curry with Pilau Rice, Onion Bhaji & Naan Bread (vegan option) 17.95
- Crispy Halloumi Burger with Beetroot Hummus, Tzatziki in Toasted Brioche Bun, Crispy Fries & Coleslaw (vegan option) 17.95

Sides

- Cauliflower Cheese 5.95
- Onion Rings 4.50
- Cheesy Garlic Bread 4.95
- Truffle and Parmesan Fries or Buttered Jacket Potato 5.95
- Triple Cooked Chips with Roasted Garlic Aioli 6.50
- Buttered La Rochelle Samphire 6.50

Children's Menu

Fresh Fillet of Cod and Chips with Peas	8.50
Pasta Bolognese	6.95
6" Oven Baked Margarita Pizza	6.95
Swannington Sausage and Mash with Carrots	7.95
Chicken Nuggets with Chips and Baked Beans	6.95
Linguine Pasta with Red Pesto	6.95
Cheese Burger with French Fries	7.95
Hot Dog with French Fries	7.95

Please tell us if your child is unable to find something that takes their fancy because we may be able to offer an alternative.

On Sundays any roast is available as a half portion for children.

Please note: This menu is for under 14's only.

FOOD ALLERGIES & INTOLERANCES — All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.

COLCHESTER INNS

Recruiting Sergeant, Norwich Road, Horstead NR12 7EE
Tel: 01603 737077

admin@recruitingsergeant.co.uk www.recruitingsergeant.co.uk

The Lodge, Vicarage Rd, Salhouse, Norwich Norfolk NR13 6HD
Tel: 01603 928181

george@salhouselodge.co.uk www.salhouselodge.co.uk

The Black Boys Hotel & Restaurant, Aylsham, Norfolk NR11 6EH
Tel: 01263 732122

admin@blackboyshotel.co.uk www.blackboyshotel.co.uk

The Bucks Arms, Blickling, Aylsham NR11 6NF
Tel: 01263 732133

manager@bucksarms.co.uk www.bucksarms.co.uk

The Rising Sun, Wroxham Road, Coltishall, Norwich NR12 7EA
Tel: 01603 737440

manager@risingsuncoltishall.co.uk www.risingsuncoltishall.co.uk

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