

Recruiting Sergeant Sunday Lunch Menu

For guests with any food/drink allergies please advise us at point of ordering

Starters

Classic French Onion Soup
with Comte Cheese & Brioche Croute 8.95
Mixed Bread & Spanish Olives 7.95
Salt & Pepper South Coast Squid & King Prawns
with Asian Sweet Chilli Dipping Sauce 15.95
Crispy Pork Belly with Singapore Noodles, Kung Po Sauce 13.95
Chicken Liver Parfait with Toasted Brioche,
Cornichons & Caramelised Onion Chutney 13.95
Pan Fried King Prawns with Roasted Garlic Butter
& Crusty Bread 14.95
Local Seashore Plate (Cromer Crab, Cockles, Oyster,
Parawns & Samphire) 15.95

Garlic, Truffle & Honey Baked Camembert
with Crusty Bread - Tomato Chutney 13.95
Atlantic Prawn Cocktail with Baby Gem Lettuce
& Buttered Brown Bread 13.95
Creamy Burrata with Fennel & Orange Salad
- Romesco Sauce & Toasted Hazelnuts 14.95
Spanish Style Cromer Crab Croquettes, Chorizo Aioli,
Herb Salad 15.95
Slow Cooked Rose Harissa Lamb Sholder Croquettes,
Moroccan Cous Cous, Mint Yogurt £13.95
Half Dozen Market Oysters with Classic Shallot Vinaigrette 17.95
Barbecued Cornish Sardines on Bruschetta
with a Sundried Tomato Gremolata 12.95

Roasts

Roast Sirloin of English Beef with
Yorkshire Pudding (Served Pink) 23.95

Crackling Loin of Swannington Pork
with Stuffing & Apple Sauce 21.95

Sergeant Mixed Roast
with all the trimmings 28.95

Roast Breast of Norfolk Chicken
with Sausage & Stuffing 20.95

Slow Cooked English Lamb Shank
with Mint Sauce 23.95

Steamed Steak Kidney Pudding in
Horseradish Suet Pastry 21.95

all roasts served with Yorkshire Pudding, Roast and Mash Potatoes and Vegetables

Mains

Battered Fillet of Haddock with Homecut Chips,
Minted Mushy Peas & Tartare Sauce 20.95
Roasted Half Char Sui Duck with Egg Fried Rice,
Duck Spring Roll & Cucumber & Coriander Salad 26.95
Pan Fried wild Seabass Fillet with Cromer Crab Cake,
Local Samphire & Potted Brown shrimp Burre blanc 31.95
Local Dry Aged Steak Burger with Maple Bacon, Emmental Cheese,
BBQ Sauce in a Toasted Brioche Bun with Fries 20.95
Grilled Half Local Lobster in Garlic Butter with Local Samphire,
Crispy Tempura Prawns & Straw Fries 31.95
Mixed Fish & Smoked Fish Pie with Hot Roast Salmon
& Cheddar Mash 25.95
Cromer Crab & Mixed Seafood Platter
with Buttered Norfolk Peer Potatoes & Lemon Aioli 32.95
Jamaican Style Mutton Curry with Toasted Coconut Rice, Charred
Rum & Muscavado Pineapple & Crispy Plantain Crisps 24.95
Crispy Chilli Beef With Stir Fried Udon Noodles, Crushed Peanuts
& Coriander 26.95
Salt & Pepper Crispy South Coast Squid & King Prawns
with Chilli Soy & Ginger - Drunken Noodles 28.95

Pan Fried Fillet of Salmon with a Warm Kiln Roast Salmon, Herb
& Potato Salad - Spanish Style Pippirana Salad 26.95
Chargrilled Fillet of Swannington Beef Surf and Turf
with Garlic King Prawns, Watercress Salad & Sea Salt Fries 42.95
Chargrilled Tandoori Chicken Skewer with Garlic Naan
Kachumber Salad & Pilau Rice - Onion Bhaji & Poppadum 26.95
Pan Fried Fillet of Halibut with Dauphinoise Potatoes,
Buttered Greens - Lobster & King Prawn Sauce 31.95
Chargrilled Swannington 10oz Ribeye Steak with Mushrooms,
Homecut Chips & Crispy Onion Rings 36.95
Grilled English Lamb Chops with Mozzarella, Serrano Ham &
Roasted Red Pepper Salad - Herb Roasted New Potatoes 27.95
Lemon & Herb Breaded Monkfish Goujons
with Smoked Raclette Cheese Fondue & Sea Fries 26.95
Grilled Wing of Local Skate with Lemon & Caper Butter **or**
Battered with Chips & Garden Peas 29.95
Lamyia's King Prawn Red Thai Curry with Jasmine Rice, King
Prawn Money Bags and Sesame Prawn Toast 28.95
Chargrilled 20oz Porterhouse Steak with Chips, Garlic
Mushrooms, Beef Tomato & Onion Rings 45.95
Barbecued Baby Back Ribs with Fries & Coleslaw 27.95
Chargrilled Cajun Marinated Flat Iron Steak
with Caesar Salad & Spiced Fries 27.95
Pan Fried 20-24oz Dover Sole Meuniere
with Norfolk Peer Potatoes & Buttered Samphire 44.95

Vegetarian

Wild Mushroom, Parmesan & Truffle Pappardelle Pasta
with Crispy Goats Cheese, Rocket Salad & Garlic Dough Balls £18.95
Sergeants Cranberry, Chestnut & Walnut Nut Roast
with Thyme Roast Potatoes & Seasonal Greens (vegan option) 18.95
Sweet Potato, Coconut & Chick Pea Curry with Pilau Rice,
Onion Bhaji & Naan Bread (vegan option) 18.95
Grilled Halloumi with Hot Honey Dip, Mixed Greek Mezze
& Charred Flat Bread 18.95
Portabello Mushroom and Melting Camembert Cheese Burger
with Truffle Mayonnaise, Rocket, Sundried Tomatoes,
Crispy Fries and Coleslaw 18.95

Sides

Cauliflower Cheese	6.95
Onion Rings	6.95
Cheesy Garlic Bread	5.95
Truffle and Parmesan Fries	6.95
Sausage Meat Stuffing	6.95
Buttered Samphire	7.95

Children's Menu

(Strictly under 14's Only)

£8.95	Fresh Fillet of Fish Battered with Chunky Chips and Garden Peas
£8.50	Swannington Pork Sausages with Creamy Mash, Gravy and Carrots or Fries and Baked Beans
£9.50	Swannington Burger with Cheese in a Bun with Fries and Coleslaw
£7.50	Classic Chicken Nuggets with Chips and Baked Beans
£9.50	Swannington Ham Egg and Chips
£9.95	Breaded Scampi with Homecut Chips and Garden Peas
£6.95	Penne Pasta with Rich Tomato Sauce topped with Cheese
£8.50	Penne Pasta Bolognese topped with Parmesan
£6.50	6" Oven Baked Margarita Pizza

On Sundays any roast is available as a half portion for children.

FOOD ALLERGIES & INTOLERANCES — All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.

COLCHESTER INNS

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