Recruiting Sergeant Sunday Lunch Menu

For guests with any food/drink allergies please advise us at point of ordering

Starters

Classic French Onion Soup
with Comte Cheese & Brioche Croute 8.95

Mixed Bread & Spanish Olives 7.95

Salt & Pepper South Coast Squid & King Prawns
with Asian Sweet Chilli Dipping Sauce 15.95

Crispy Pork Belly with Singapore Noodles, Kung Po Sauce 13.95

Mixed Spanish Tapas Plate ***(Warm Chorizo, Serrano Ham, Manchego Cheese, Padron Peppers & Patatas Bravas)*** 16.95

Hoi Sin Duck Bao Buns with Peking Sauce
- Cucumber & Spring Onion Salad 13.95

Pan Fried Hebridean King Scallops
with Peas a La Francaise & Pancetta 16.95

Garlic, Truffle & Honey Baked Camembert
with Crusty Bread - Tomato Chutney 13.95

Atlantic Prawn Cocktail with Baby Gem Lettuce
& Buttered Brown Bread 13.95

Sauteed Truffled Mushrooms on Toasted Sourdough 13.95

Crispy Fish & King Prawn Tacos with Guacamole,
Mango & Coriander Salsa 14.95

Chicken Liver Parfait with Truffle Butter,
Caramelised Onion Chutney & Toasted Brioche £13.95

Half Dozen Market Oysters
with Classic Shallot Vinaigrette 17.95

Roasts

Roast Sirloin of English Beef with
Yorkshire Pudding (Served Pink) 23.95

Roast Breast of Norfolk Chicken
with Sausage & Stuffing 20.95

Crackling Loin of Swannington Pork
with Stuffing & Apple Sauce 21.95

Slow Cooked English Lamb Shank
with Mint Sauce 23.95

Half Roast Norfolk Duck
with Apple Sauce & Stuffing 25.95

Sergeant Mixed Roast
with all the trimmings 30.95

Steamed Steak Kidney Pudding
in Horseradish Suet Pastry 21.95

all roasts served with Yorkshire Pudding, Roast and Mash Potatoes and Vegetables

Mains

Battered Fillet of Haddock with Homecut Chips,
Minted Mushy Peas & Tartare Sauce 20.95

Local Dry Aged Steak Burger with Maple Bacon, Emmental
Cheese, BBQ Sauce in a Toasted Brioche Bun with Fries 20.95

Peter Loose's of Brancaster Mussels Classic Mariniere
with Frittes & Mayonnaise 25.95

Baked Cromer Crab Thermidor with Crispy Monkfish
Goujons, Sea Salt Fries & Green Salad 29.95

Char Sui Swannington Pork Belly with Egg Fried Rice,
Wok Fried Greens & Cantonese Pork Balls 27.95

Mixed Fish & Smoked Fish Pie with Hot Roast Salmon
& Cheddar Mash 25.95

Pan Fried Fillet of Salmon with Buttered Spinach, Tomato Fondue
& Cromer Crab Arancini - Brown Shrimp Beurre Blanc 26.95

Jamaican Style Mutton Curry with Toasted Coconut Rice,
Charred Rum & Muscovado Pineapple & Crispy Plantain Crisps 26.95

Crispy Chilli Beef with Stir Fried Udon Noodles,
Crushed Peanuts & Coriander 26.95

Seared Tuna Loin with Chilli Crab Salad, Japanese Sesame
Cucumbers & Bang Bang King Prawns 29.95

Chargrilled Fillet of Swannington Beef Surf and Turf
with Garlic King Prawns, Watercress Salad & Sea Salt Fries 42.95

Pan Fried Fillet of Halibut with Dauphinoise Potatoes,
Buttered Greens - Lobster & King Prawn Sauce 31.95

Hong Kong Style Crispy Salt & Pepper Squid & King Prawns
with Sesame Pak Choi & Egg Fried Rice 27.95

Chargrilled Swannington 10oz Ribeye Steak with Mushrooms,
Homecut Chips & Crispy Onion Rings 36.95

Pan Fried Fillet of Wild Sea Bass with Lamyai's Thai Yellow King
Prawn Curry & Jasmine Rice - King Prawn Money Bags 29.95

Tandoori Grilled Lamb Chops with Bombay Potatoes,
Pilau Rice & Naan Bread - Mint Riata & Poppadum 29.95

Grilled Wing of Local Skate with Lemon & Caper Butter
or Battered with Chips & Garden Peas 29.95

Chargrilled 20oz Porterhouse Steak with Chips,
Garlic Mushrooms, Beef Tomato & Onion Rings 48.95

Barbecued Baby Back Ribs with Fries & Coleslaw 27.95

Chargrilled Cajun Marinated Flat Iron Steak
with Caesar Salad & Spiced Fries 29.95

Pan Fried 20-24oz Dover Sole Meurniere with Fine Beans,
Norfolk Peer Potatoes & Bernaise Sauce 44.95

Vegetarian

Wild Mushroom, Parmesan & Truffle Pappardelle Pasta with
Crispy Goats Cheese, Rocket Salad & Garlic Dough Balls £18.95

Sergeants Cranberry, Chestnut & Walnut Nut Roast with Thyme
Roast Potatoes & Seasonal Greens (vegan option) 18.95

Sweet Potato, Coconut & Chick Pea Curry with Pilau Rice,
Onion Bhaji & Naan Bread (vegan option) 18.95

Grilled Halloumi with Hot Honey Dip,
Mixed Greek Mezze & Charred Flat Bread 18.95

Portabello Mushroom and Melting Camembert Cheese Burger
with Truffle Mayonnaise, Rocket, Sundried Tomatoes,
Crispy Fries and Coleslaw 18.95

Sides

Cauliflower Cheese	6.95
Onion Rings	6.95
Cheesy Garlic Bread	5.95
Truffle and Parmesan Fries	5.95
Sausage Meat Stuffing	6.95
Braised Red Cabbage	5.95

Children's Menu

(Strictly under 14's Only)

£9.45	Fresh Fillet of Fish Battered with Chunky Chips and Garden Peas
£9.00	Swannington Pork Sausages with Creamy Mash, Gravy and Carrots or Fries and Baked Beans
£10.00	Swannington Burger with Cheese in a Bun with Fries and Coleslaw
£8.00	Classic Chicken Nuggets with Chips and Baked Beans
£10.00	Swannington Ham Egg and Chips
£10.45	Breaded Scampi with Homecut Chips and Garden Peas
£7.45	Penne Pasta with Rich Tomato Sauce topped with Cheese
£9.00	Penne Pasta Bolognese topped with Parmesan
£7.00	6" Oven Baked Margarita Pizza

On Sundays any roast is available as a half portion for children.

FOOD ALLERGIES & INTOLERANCES — All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.

COLCHESTER INNS

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