

Recruiting Sergeant Sunday Lunch Menu

For guests with any food/drink allergies please advise us at point of ordering

Starters

Roasted Tomato & Fresh Basil Soup with Halloumi Croutons 8.95
Mixed Bread & Spanish Olives 7.95
King Prawns Tempura
with Asian Sweet & Sour Dipping Sauce 13.95
Korean Fried Chicken
with Crispy Noodle & Coriander Salad 13.95
Chicken Liver Parfait with Toasted Brioche,
Cornichons & Caramelised Onion Chutney 13.95
Garlic & Honey Baked Camembert
with Tomato & Chilli Chutney - Dough Balls 13.95
Atlantic Prawn Cocktail with Baby Gem Lettuce
& Buttered Brown Bread 13.95

Cromer Crab & Brown Shrimp Fish Cakes
with Thermidor Sauce 13.95
Seared Scottish King Scallops
with Pork Belly Croquettes & Chorizo Cassoulet 16.50
Crispy Goats Cheese, Chicory Beetroot,
Candied Walnuts & Watercress 13.95
Sticky Ginger & Garlic Pork Belly
with Coriander & Spring Onion Salad 12.95
Half Dozen Colchester Oysters
with Classic Shallot Vinaigrette 16.50
Crispy Goujons of Local Dover Sole
with Gruyere Cheese Fondue 13.95

Roasts

Roast Sirloin of English Beef with
Yorkshire Pudding (Served Pink) 21.95

Roast Breast of Norfolk Chicken
with Sausage & Stuffing 20.95

Crackling Loin of
Swannington Pork
with Stuffing
& Apple Sauce 20.95

Roast Rump of English Lamb
with Mint Sauce 21.95

Sergeant Mixed Roast
with all the trimmings 26.95

Half Roast Norfolk Duck
with Stuffing & Apple Sauce 21.95

all roasts served with Yorkshire pudding, roast and mashed potatoes and vegetables

Mains

Battered Fillet of Haddock **or** Cod **or** Rock with Homecut Chips,
Minted Mushy Peas & Tartare Sauce 19.95

Crispy Chilli Beef with Stir Fried Udon Noodles,
Pak Choi & Crushed Peanuts 23.95

Steamed Steak & Kidney Pudding with Horseradish Suet
& Roast Trimmings & Seasonal Vegetables 20.95

Classic Angus Steak Burger with Maple Bacon, Emmental Cheese,
BBQ Sauce in a Toasted Brioche Bun with Fries 19.95

Mixed Fish & Smoked Fish Pie with Hot Roast Salmon
& Cheddar Mash 23.95

Jamaican Style Mutton Curry with Coconut Rice, Crispy Plantain -
Caramelised Muscovado & Rum Pineapple 24.95

Seared Fresh Tuna Loin with Chow Mein Noodles -
Crispy Salt & Pepper Squid with Sriracha Mayo 26.95

Pan Fried Salmon with Crushed Baby Potatoes
with Truffle Mayo, Green Salad, Tomatoes & Parmesan Flakes -
Balsamic Dressing 24.95

Chargrilled Fillet of Swannington Beef Surf and Turf
with Garlic King Prawns, Watercress Salad & Sea Salt Fries 41.95

Lamb Burger with Tzatziki & Grilled Halloumi
in Sundried Tomato Focaccia - Crispy Fries 19.95

Pan Fried Fillet of Halibut with Dauphinoise Potatoes,
Buttered Greens - Lobster & King Prawn Sauce 29.95

Chargrilled Swannington 10oz Ribeye Steak with Mushrooms,
Homecut Chips & Crispy Onion Rings 32.95

Lamyai's Monkfish Thai Green Curry with Crispy King Prawns,
Jasmine Rice & King Prawn Moneybags 27.95

Grilled Wing of Local Skate with Lemon & Caper Butter
or Battered with Chips & Garden Peas 26.95

Chargrilled 20oz Porterhouse Steak with Chips,
Garlic Mushrooms, Beef Tomato & Onion Rings 45.95

Barbecued Baby Back Ribs with Fries & Coleslaw 24.95

Chargrilled Cajun Marinated Flat Iron Steak
with Caesar Salad & Spiced Fries 24.95

Large Bowl of Brancaster Mussels Marniere
with Frites & Mayo 21.95

Vegetarian

Baked Gnocchi in a Rich Tomato and Herb Sauce with a Pecorino
Crumb - Baby Leaf & Herb Salad- Ciabatta Garlic Toast 18.95
Sergeants Cranberry, Chestnut & Walnut Nut Roast
with Thyme Roast Potatoes & Seasonal Greens (vegan option) 18.95

Sweet Potato, Coconut & Chick Pea Curry with Pilau Rice,
Onion Bhaji & Naan Bread (vegan option) 17.95

Grilled Hallumi, Mediterranean Roasted Vegetables,
Herb Roasted Potatoes - Pesto Dressing 18.95

Portabello Mushroom and Melting Camembert Cheese Burger
with Truffle Mayonnaise, Rocket, Sundried Tomatoes,
Crispy Fries and Coleslaw 18.95

Sides

Cauliflower Cheese 5.95

Onion Rings 5.95

Cheesy Garlic Bread 5.95

Truffle and Parmesan Fries 5.95

Sausage Meat Stuffing 5.95

Sticky Red Cabbage 5.95

Children's Menu

Fresh Fillet of Cod and Chips with Peas	8.50
Pasta Bolognese	6.95
6" Oven Baked Margarita Pizza	6.95
Swannington Sausage and Mash with Carrots	7.95
Chicken Nuggets with Chips and Baked Beans	6.95
Linguine Pasta with Red Pesto	6.95
Cheese Burger with French Fries	7.95
Hot Dog with French Fries	7.95

Please tell us if your child is unable to find something that takes their fancy because we may be able to offer an alternative.

On Sundays any roast is available as a half portion for children.

Please note: This menu is for under 14's only.

FOOD ALLERGIES & INTOLERANCES — All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.

COLCHESTER INNS

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