

# Recruiting Sergeant Sunday Lunch Menu

## Starters

- French Onion Soup with Gruyere Cheese Croute  
£6.95
- Atlantic Prawn Cocktail with Baby Gem Lettuce  
& Buttered Bown Bread  
£10.95
- Seared Shetland King Scallops with Crispy Pork Belly  
Croquettes, Apple & Pea Shoot Salad - Crispy Serrano Ham  
£16.50
- Crispy Cornish Squid & King Prawns  
with Chilli, Garlic & Ginger Dipping Sauce  
£10.95
- Thai Chicken Satay Skewers with Peanut Dipping Sauce  
£10.95
- Chicken Liver Parfait with Truffle Butter, Onion Chutney  
& Toasted Sourdough £16.50

- Garlic & Honey Baked Camembert  
with Tomato & Chilli Chutney - Warm Crusty Bread  
£10.95
- Looses Brancaster Mussels Mariniere  
with Warm Crusty Bread  
£11.45
- Cromer Crab Cakes  
with Confit Garlic & Lemon Aioli  
£10.95
- Butternut Squash & Spinach Croquettes  
with Sweet Chilli, Lime & Coriander Jam  
£10.95
- Cantonese Style Crispy Chilli Beef with Coriander,  
Red Chilli & Spring Onion Salad  
£11.95

## Roasts

- Roast Sirloin of English Beef  
with Yorkshire Pudding (Served Pink)  
£19.95
- Roast Breast of Norfolk Chicken Breast  
with Sausage & Stuffing £17.95
- all roasts served with Yorkshire pudding,  
roast and mash potatoes and vegetables*

- Crackling Loin of Swannington Pork  
with Stuffing & Apple Sauce  
£17.95
- Slow Braised Shank of English Lamb  
£18.95
- Sergeant Mixed Roast with all the trimmings  
£23.95

## Mains

- Steamed Steak & Kidney Suet Pudding  
£17.95
- Slow Braised Local Game Pie with Mature Cheddar &  
Crispy Onion Mash  
£16.95
- Classic Angus Steak Burger with Maple Bacon, Emmental  
Cheese, BBQ Sauce in a toasted Brioche Bun with Fries  
£17.95
- Battered Fillet of Local Cod with Homecut Chips,  
Minted Mushy Peas & Tartare Sauce  
£17.95
- Welfare Reared Veal Chop with Serrano Ham & Sage  
Butter, Parmesan Skinny Fries & Rocket Salad  
£25.95
- Pan Fried Fillet of Salmon with Crushed Potatoes,  
Truffle Mayonnaise, Green Salad and Cherry Tomatoes  
- Balsamic & Honey Vinaigrette  
£20.95
- Chargrilled Fillet of Swannington Beef Surf and Turf  
with Garlic King Prawns,  
Watercress Salad & Sea Salt Fries  
£38.95

- Chilli Garlic Cromer Crab & King Prawn Linguine  
with Crab & Parmesan Toasts  
£23.95
- Pan Fried Fillet of Halibut with Dauphinoise Potatoes,  
Tenderstem Broccoli & Parmesan & Garlic King Prawns  
£26.95
- Pan Fried 20-24oz Dover Sole Meunière  
with New Potatoes & Fine Beans  
£44.95
- Lamyai's Thai Red King Prawn Curry with Jasmine Rice  
£25.95
- Chargrilled Swannington 10oz Sirloin Steak  
with Chestnut Mushrooms, Homecut Chips  
& Crispy Onion Rings  
£29.95
- Mixed Fish & Smoked Fish Pie Topped with Hot Roasted  
Salmon & Mature Cheddar Cheese Mash  
£22.95
- Grilled Wing of Local Skate with Lemon & Caper Butter  
or Battered with Chips & Garden Peas  
£23.95
- Chargrilled Swannington Ribeye Steak with Garlic Butter,  
Tomato & Red Onion Salad - Black Pepper Fries  
£29.95
- Barbecued Baby Back Ribs with Fries & Coleslaw  
£21.95
- Chargrilled Cajun Marinated Flat Iron Steak  
with Caesar Salad & Spiced Fries £21.95

## Vegetarian

- Sergeants Cranberry, Chestnut & Walnut Nut Roast  
with Thyme Roast Potatoes & Seasonal Greens (vegan option )  
£15.95
- Sweet Potato, Coconut & Chick Pea Curry with Pilau Rice,  
Onion Bhaji & Naan Bread (vegan option)  
£15.95
- Crispy Halloumi Burger with Beetroot Hummus, Tzatziki  
in Toasted Brioche Bun, Crispy Fries & Coleslaw (vegan option)  
£15.95

## Sides

- Cauliflower Cheese £5.95
- Onion Rings £4.50
- Cheesy Garlic Bread £4.95

# Children's Menu

Fresh Fillet of Cod and Chips with Peas	£8.50
Pasta Bolognese	£6.95
6" Oven Baked Margarita Pizza	£6.95
Swannington Sausage and Mash with Carrots	£7.95
Chicken Nuggets with Chips and Baked Beans	£6.95
Linguine Pasta with Red Pesto	£6.95
Cheese Burger with French Fries	£7.95
Hot Dog with French Fries	£7.95

Please tell us if your child is unable to find something that takes their fancy because we may be able to offer an alternative.

On Sundays any roast is available as a half portion for children.

**Please note: This menu is for under 14's only.**

**FOOD ALLERGIES & INTOLERANCES** — All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.

## COLCHESTER INNS

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